





MBTI® Certification Program – Frequently Asked Questions (FAQs)

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#### 1. What are the benefits of the MBTI® Certification?

- ✓ The MBTI® Certification will qualify you to purchase and administer the MBTI® Instrument.
- ✓ If you are a trainer or L&D professional, it will equip you to run a diverse range of programs using the MBTI® framework.
- ✓ If you are a coach, it will equip you to have deeper explorations and develop customised action plans with your coachees.
- ✓ If you are a HR professional, it will offer you a framework through which you can enhance psychological safety and inclusion in your teams and leadership groups.

# 2. What are the applications of the MBTI® Instrument?

The Myers-Briggs® (MBTI®) instrument can be used in a multitude of development contexts including building collaboration within teams, enhancing self-awareness, coaching, developing leaders and leadership teams, improving communication and influencing, managing change, conflict and stress, career exploration, and many more.

### 3. Who is the certification program for?

The MBTI® Certification program is for Learning and Development Professionals, Organization Development Professionals, Independent Consultants, Coaches, HR Heads and Business Leaders, HR Professionals, Trainers, Educators, Career Counsellors.

### 4. What is the duration of the certification program?

The MBTI® Certification Program runs over 4 consecutive days. The session timings are from 10 am to 6 pm every day, with breaks in between.

#### 5. What will I learn in the four days?

In the four-day trainer-led virtual program, you will learn:

- ✓ The theory underpinning the Myers-Briggs Type Indicator® framework.
- ✓ Technical aspects of the MBTI® assessment, including information about the construction of the instrument and its reliability and validity
- ✓ How to deliver MBTI® feedback and personality insights to individuals and groups, using the results for personal and team development, coaching, leader development and more
- ✓ About your personality preferences, and the preferences of others, and how they affect personal and professional relationships.
- ✓ How MBTI® preferences combine dynamically to add depth and understanding to personality differences
- ✓ Practical, ethical, and effective applications of the MBTI® Step I<sup>™</sup> & Step II<sup>™</sup> assessments.

#### 6. Are the programs conducted virtually or in person?

All our public certification programs in 2023, are being offered as virtual programs.

### 7. What are the requirements to complete the MBTI® certification successfully?

You will need to take the MBTI® instrument online, complete the pre-course study, attend all four days of the program and pass the certification exam with a minimum 80%.

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## 8. How much time do I need to allocate for the entire certification process?

Overall, you will need about 50 hours for the entire certification process, which will include the following:

- ✓ Taking the MBTI® instrument online and the pre-course study: approximately 8 to 10 hours.
- ✓ The 4-day training: 32 hours plus additional 1 to 1.5 hours every day to complete your homework and prepare for the next day.
- ✓ The certification exam you will need to take after the training will take you about 1 hour to finish.

## 9. What happens if I do not clear the exam the first time?

There is an option to retake the exam at a nominal additional fee.

# 10. Will it reflect on my certificate that I have retaken the exam?

No, the certificate will not indicate anything about exams, retakes or scores.

## 11. Will the certificate be issued by Anahat or by The Myers-Briggs Company?

The certificate will be issued by The Myers-Briggs Company, through Anahat.

# 12. For how long will my certification be valid? When do I need to renew it?

The MBTI® Certification has a lifetime global validity.

#### 13. Who are the trainers for the program?

The programs are facilitated by Master Trainers from Anahat- CS Mahesh & Janaki Venkat. You can learn more about our trainers here.

### 14. Will Anahat support me after the certification program?

Anahat will continue to support you after you complete your certification. To get you started we will offer you a complimentary MBTI® online assessment, that you can administer and provide feedback on. We will also offer a 1-hour support session for your cohort one month after your certification program is completed.

#### 15. Are all the course materials and resources available as soft copies?

Some resource materials are available as hardcopies and some as soft copies.

# **Hard Copy Resources**

- ✓ Participants Resource Guide
- ✓ Introduction to the Myers Briggs Type (Booklet)
- ✓ MBTI® Flip-A-Type Tip
- ✓ MBTI® Step I Feedback Cards
- ✓ MBTI® Step II Feedback Cards

#### Soft Copy Resources

- ✓ Your own reports
- ✓ MBTI® Manual for the Global Step I and Step II Assessments 4th Ed.
- ✓ MBTI® Step II User's Guide 2nd Ed.
- ✓ Understanding Your MBTI® Global Step II Results (Booklet)
- ✓ Day-wise slides & handouts

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# 16. What are the dates for the MBTI® Certification Program?

The upcoming programs for the year 2023 are:

- ✓ April 18 to 21, 2023
- ✓ June 6 to 9, 2023
- ✓ August 22 25, 2023
- ✓ October 10 13, 2023
- ✓ December 5 8, 2023

### 17. What is the enrolment fee for the program?

The enrolment fee for the MBTI® Certification program is Rs.165000+ 18% GST per participant.

### 18. Can I avail discounts? Will I be able to pay in instalments?

We do not offer discounts on the enrolment fee. For participants who are self-sponsored (i.e. those who don't have corporate sponsorship), we extend the facility of paying the enrolment fee in two instalments. Alternatively, you will find the facility of paying the fee in EMIs ranging from 3 to 18 months while you register for the program on our website. This facility is being offered by various banks.

### 19. How do I register for the program?

You can register on the link <a href="https://anahat.in/events/">https://anahat.in/events/</a>

#### 20. Is it possible to transfer to another program or cancel my registration?

We have policies around the transfer and cancellation of your registration for the program. Please click on this link for more information.

#### 21. Who do I contact for more information?

Feel free to call us at +919384820501 or write to us at programs@anahat.in

We're available from 9:30 am to 5:30 pm from Monday to Friday.

Anahat specializes in training and development and is a distributor of psychometric instruments in India. Anahat's consulting offerings include coaching, OD interventions and training in the areas of leadership, collaboration and change management. Anahat has certified more than 3500+ people on the use of instruments such as the MBTI®, FIRO-B®, Strong™ Interest Inventory, Saville Consulting and CPI260™. Anahat represents The Myers-Briggs Company, the publisher of the MBTI® instrument in India.

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