



**MBTI® Interpretive Report**  
**COLLEGE EDITION**



Report for  
EMMA SAMPLE

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Interpreted by  
Academic Advisor  
State University



## MBTI® Interpretive Report COLLEGE EDITION

### INTRODUCTION

This report presents information to help you make use of your *Myers-Briggs Type Indicator*® (MBTI®) results. The research-based Myers-Briggs® assessment identifies sixteen different personality types that can be used to describe people. Learning about these types will help you better understand yourself and others and improve the interactions in your daily life.

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ISTJ	ISFJ	INFJ	INTJ	Based on your responses to the MBTI assessment, your personality type is
ISTP	ISFP	<b>INFP</b>	INTP	
ESTP	ESFP	ENFP	ENTP	
ESTJ	ESFJ	ENFJ	ENTJ	

**INFP**  
INTROVERSION INTUITION FEELING PERCEIVING

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Based on the work of psychologist Carl Jung, the MBTI assessment was developed with great care by Isabel Briggs Myers and Katharine Cook Briggs, who spent years observing human behavior. Their ideas help explain why people are interested in different things, like different kinds of work, and sometimes find it hard to understand each other—all due to differences in how they take in information and make decisions about it. Your Interpretive Report will show how your personality type is distinct from other types and how it influences the way you communicate, learn, and work with other people.

This tool has been used for more than 75 years with students around the world to help them

- Choose classes, majors, and careers that match their interests and personality
- Understand different ways to study and learn more effectively and successfully
- Improve communication and teamwork as they gain awareness of the personality differences they see in others
- Manage the stress they may experience as a result of their studies or their relationships



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### YOUR PREFERENCES AND PERSONALITY TYPE

Your personality type is made up of your preferences in four separate categories that together describe how you typically go about noticing and thinking about things and interacting with people and the world. When you completed the assessment, you made choices that reflected your preference in each of the four categories.

#### THE FOUR CATEGORIES OF PERSONALITY TYPE

#### THE PREFERENCES

Where you focus your attention

**E** Extraversion or **I** Introversion

The way you take in information

**S** Sensing or **N** Intuition

The way you make decisions

**T** Thinking or **F** Feeling

How you deal with the world

**J** Judging or **P** Perceiving

Everyone uses all of these preferences, but one in each category is favored and used more often, more comfortably. Think of this like being right-handed or left-handed. Both hands are necessary and useful, but one is naturally favored and used more often, more easily. Similarly, type preferences are choices between equally valuable and useful qualities. Your INFP preferences are highlighted below.

## INFP

Where you focus your attention



#### Extraversion

Focusing attention on the outer world of people and things



#### Introversion

Focusing attention on the inner world of ideas and impressions

The way you take in information



#### Sensing

Taking in information through the five senses, with a focus on the here and now



#### Intuition

Taking in information by seeing patterns and the big picture, with a focus on future possibilities

The way you make decisions



#### Thinking

Making decisions mostly on the basis of logic and objective analysis



#### Feeling

Making decisions mostly on the basis of values and subjective, people-centered concerns

How you deal with the world



#### Judging

Taking a planned and organized approach to life, liking to have things settled



#### Perceiving

Taking a flexible, spontaneous approach to life, liking to keep options open



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### YOUR PERSONALITY TYPE DESCRIPTION

#### KEY DESCRIPTORS

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An INFP is likely to be...

- Idealistic
  - Sensitive
  - Concerned
  - Caring
  - Loyal
  - Curious
  - Original
  - Complex
  - Introspective
  - Reserved
  - Adaptable
  - Flexible
- 

**INFPs value relationships based on depth, authenticity, and possibilities for mutual growth.** They seek to understand others and help them fulfill their potential. They are adaptable and flexible until something violates their inner values, at which point they stop adapting. They can then express opinions with an intensity that often surprises others.

**INFPs' decisions are guided by an inner core of values,** and they make every effort to live accordingly. Needing a purpose beyond their paycheck, they want work that contributes to their own growth and development and to the growth and development of others. They are idealists who are loyal to people or a cause.

**INFPs are curious and creative, with long-range vision.** They are quick to see possibilities, connections, and meanings. They are faithful in fulfilling obligations but can have difficulty performing routine work that lacks meaning for them.

**While INFPs are fascinated by the complexities of human personality**—their own and others'—they tend to be reserved and selective about sharing their most deeply held values and feelings. They prefer to work autonomously and feel confined by structures and rules.

**INFPs enjoy learning about possibilities for positive development.** They like learning theories that help them understand people's place in the world. They learn by reading and communicate through writing, where they are adept at using symbols and metaphors. They tend to work in bursts of energy and are capable of great concentration and output when fully engaged with a topic.

**INFPs have two potential blind spots.** First, if they fail to take in enough information, they may not notice the realities of a situation and thus may make decisions based solely on personal values or find it difficult to translate their values into action. Second, if they fail to evaluate all the information in relation to their values, they may go from one possibility to the next, achieving little. They need to take time to collect all the relevant information and reflect on how it affects their values and then choose how they want to act accordingly.



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### YOUR UNIQUE PREFERENCE PATTERN

Your personality type is much more than a simple combination of your four preferences. Each type has its own unique preference pattern that helps explain why what's easy or interesting for one type is difficult or dull for another. The key to understanding your unique pattern is found in the two middle letters of your four-letter type code. Those two letters show which of four mental processes you prefer.

<b>S</b> Sensing	or	<b>N</b> Intuition
<b>T</b> Thinking	or	<b>F</b> Feeling

Everyone uses all four of the mental processes, but each type has its own pattern that signals which of the four is favorite and most used, and which is second, third, and least favorite and used. People tend to focus on their #1 and #2 processes in the first half of life and become more interested in developing and using #3 and #4 in the second half of life. Your INFP pattern is shown below.

<b>#1</b> Feeling	Most preferred	<b>#2</b> Intuition	Second
<b>#3</b> Sensing	Third	<b>#4</b> Thinking	Least preferred

The pattern also shows whether you use your #1, or favorite, process in the outer world of people and things, that is, in an Extraverted way, or whether you use it in your inner world of ideas and impressions, in an Introverted way. Here's what this means for your type, INFP.

You use your #1 process, Feeling, in your inner world of ideas and impressions, so your use of Feeling may not be very apparent to others. You use your #2 process, Intuition, in the outer world of people and things, so your use of Intuition may be easily observed by others because you express it outwardly. You also use Sensing and Thinking, but with less frequency and ease. Thinking is the process you are most likely to overlook.

<b>#1</b> Feeling	Used in the inner world	<b>#2</b> Intuition	Used in the outer world
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Your type description takes all these patterns into account in describing your typical behavior in everyday life. Review this description carefully to see how it measures up to your self-knowledge. If when you read the description you feel comfortably understood, then the four-letter type in this report is probably right for you. The description is meant to help you trust and develop the preferences that come most naturally to you, but remember that you use all eight preferences some of the time, depending on the circumstances.

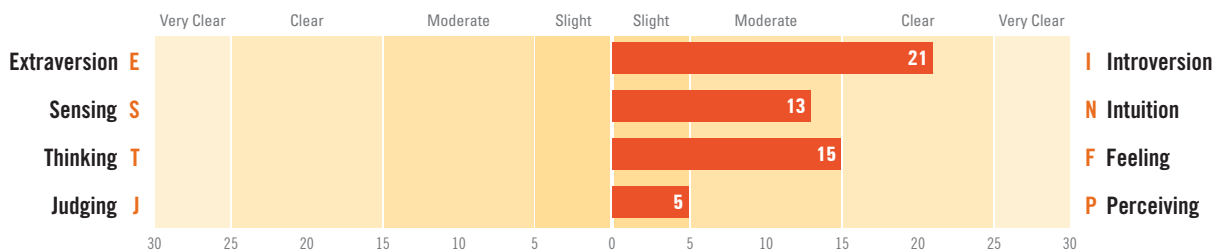


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### CLARITY OF YOUR PREFERENCES

The MBTI assessment not only reports your preferences based on the way you responded to the questions but also tells how clear you were in selecting each preference over its opposite. This is called the *preference clarity index*, or pci. The graph below depicts your pci results in each of the four categories. The longer the bar, the more clearly you expressed that preference over its opposite; the shorter the bar, the less sure you are about that preference. Do your choices seem on target for you?

### PCI RESULTS: INFP



### If Your INFP Pattern Doesn't Seem Quite Right

People's personalities are much too complex to be fully accounted for by a single set of questions on a personality assessment, no matter how well researched those questions might be. If your type description doesn't seem quite right for you, consider the following:

- When you answered the MBTI questions, what was your frame of mind? Did you choose the responses that came most easily and naturally to you, reflecting your most natural, true self? Or did you respond in ways you thought you *should* respond, or in ways you felt others would want you to? If your responses did not reflect your most natural, true self, then your description may not quite fit.
- Was it hard for you to make a choice when responding to some of the questions? If so, perhaps that helps account for why you feel your results don't accurately reflect your true personality. What if the choice had gone the other way? What letter in your type might change?
- If your responses were those that came most easily to you and reflected your most natural self, yet the description does not seem to fit you well, can you find a type that describes you better? Use the *Introduction to Myers-Briggs® Type* booklet to review descriptions of each of the sixteen types and talk to your counselor to help you find the type that fits you best.